



**Kent Canoes**  
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Dear Paddler,

Many thanks for your interest in our River Medway Open Canoeing River Trip.

If you would like to book on this river trip, please select a suitable date from our trip programme, and give us a ring to confirm that a place(s) are still available. Please read the booking conditions before booking a river trip.

Please then print out our booking form, fill in all your contact details and any medical conditions, and return it to Kent Canoes either via post, fax or e-mail.

Please enclose a cheque (made payable to Kent Canoe Services), covering the cost of the trip with your form. We do accept debit/credit card payments over the phone at the time of booking if you prefer. Please note however, that all trips need to be paid for in advance. We do not accept payment on the day of the course.

The Medway River Trip runs from Tonbridge to Yalding. You will need to meet us in the Lees car park, Lees Road, near Yalding, Kent. This is a five-acre grass car park adjacent to Twyford Road Bridge and next to the river. Please note that car park costs £3.00 per day.

**Start time: 9.15 a.m. from Lees Car Park, Lees Rd, Nr. Yalding**  
**Finish time: 4.00 p.m. Back at Yalding.**  
**Minimum age: For paddlers is 12 years of age.**  
**Trip fees: £59 per person, Under 18s £49.00 Discount of £10.00 for using your own equipment.**

Please arrive no later than **9.15 a.m.** We will change into our canoeing gear here, leave all our dry clothing in the cars and meet the shuttle mini bus, which will drive us to Tonbridge for the start of our trip.

We will provide you with a suitable tandem **open canoe**, paddle, and buoyancy aid. Please would you ensure that you bring the following personal equipment with you:

Cagoule or lightweight waterproof jacket	Thermal vests/ fleece garments/nylon or polyester Please avoid cotton clothing, which stays damp and chills the skin when wet.
Light weight waterproof trousers (If possible)	Light foot wear
Wetsuit (if possible)	Sun cream and hat if the weather is likely to be hot. Woolly hat if the weather might be cold
Light weight trousers	Hot drink in a thermos
Swimming costume and towel	Packed lunch
Safety strap if you wear glasses/sunglasses	Spare set of dry canoeing clothing

The river trip will take most of the day and we should be back at Yalding by 4.00 p.m.

We look forward to seeing you on the day.

Yours sincerely,

Grant Scamell